



## **The Infratonic® 9 Rejuvenizer™**

The *Infratonic 9 Rejuvenizer* helps with any pain, orthopedic injury, stress, or sleep issue. It is wonderful for reducing inflammation wherever it occurs in the body. Applied to the top of the head, it is helpful in relieving migraines. It is great for lifting mood in cases of depression. It is also useful for easing digestive issues, menstrual pain, cramping, etc. For more information about specific conditions, visit [www.soundvitality.com](http://www.soundvitality.com) and click on *Testimonials*. There is a list of conditions in alphabetical order that you can look at and check the respective testimonial.

### ***The Settings:***

Press the *ON/OFF* button in the center to turn the unit *ON*. Then press the *Signal* button on the right to select the desired setting: *Balance*, *Acute*, or *Deep Calm*.

1) The *Balance* signal is the best for calming the tissue, for relieving pain, and reducing inflamed or swollen tissue. It is useful to accelerate recovery, including fractures, torn ligaments, cartilage, or muscles, and to heal tissue after surgeries. It is also good for reducing stress and sleeping.

2) The *Acute* signal is very good for reducing emotional impacts of stressful events or traumas. For instance, if you have a car accident and emotions get into the tissue during the accident, the tissue will be slow to heal. The *Acute* signal gets into the tissue and dissolves the emotions more effectively. So, it is good to start treatment of an injury with the *Acute* signal, and then go to the *Balance* signal to sooth and calm it after the first 10 minutes.

3) The *Deep Calm* signal is the "softest" signal. It is very effective at relaxing the entire system before bed, for helping us achieve a deeper state of sleep. It is also useful for relieving anxiety and other stressful emotions. It is especially helpful when placed over the region of the thymus gland, directly above the heart and below the neck.

### **A) Basic Orthopedic Protocol**

The basic protocol for all orthopedic injuries is to apply the *Infratonic 9 Rejuvenizer* to the site of injury and to all surrounding areas which might influence healing, including adjacent tissue, swollen tissue, and nerve, blood, and lymphatic pathways. This is because all the cells in the area have the ability to impede or contribute to healing of injury and both physical and psychological trauma affecting the entire area, not just the damaged tissue.

- 1) Start with the sweeping protocol on the affected area and/or on the whole body (see below).
- 2) Apply the *Infratonic 9 Rejuvenizer* around the affected area from 5 to 30 minutes.
- 3) Treat the affected area directly for 10 to 30 minutes or as long as several hours, depending on the condition.

- 4) It is also recommended to place the *Infratonic 9 Rejuvenizer* over the affected area while taking a nap or at night while sleeping.
- 5) Use of the *Infratonic 9 Rejuvenizer* has a cumulative effect. So, more frequent and longer treatments decrease the time it takes to experience relief, as well as the length of time the relief will last. Repeat the treatment twice a day for a week or a month, depending on the injury. Some severe or complex cases may require using it for several months.
- 6) Treatment may be applied over clothing, bandages, and/or plaster casts.

## **B) The Sweeping Protocol**

- 1) To start dissipating the cellular shock immediately after an injury, it is recommended to do two or three minutes of sweeping. This strategy will dissipate a great deal of abnormal cellular function throughout the body, improving the patient's state of mind and mobilizing the body's healing resources (see **Figure on last page**).
- 2) Sweeping is most effective if the *Infratonic 9 Rejuvenizer* is aimed toward the body and tilted 45 degrees toward the direction of sweeping.
- 3) Move the *I9 Rejuvenizer* as if you are sweeping or pushing out any illness or stagnant energy, starting at the top of the head, and sweeping down and out the hands or feet.
- 4) The speed of sweeping is fairly slow, about 1 foot per second, or 5 to 6 seconds per whole body sweep.

**Note:** We believe that this strategy, applied in an ambulance, will allow injury victims to arrive at the hospital far more calm, relaxed, and ready to endure the needed interventions.

## **C) Protocol when *Infratonic 9 Rejuvenizer* Therapy Increases Pain**

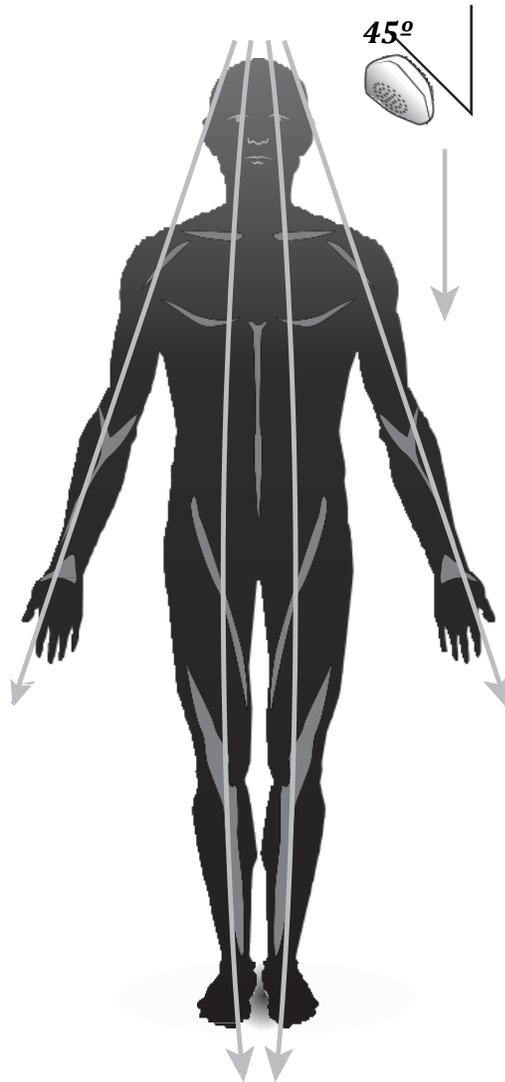
After an acute injury or after surgery, the application of the *Infratonic 9 Rejuvenizer* may sometimes cause more pain because it increases circulation and brings the nervous system online fast. In these cases, the sweeping protocol is beneficial. We recommend starting the therapy gradually and starting with the *Acute* signal, which is softer and will likely produce the least pain, then switching to the *Balance* signal. We recommend the following protocol:

- 1) First, select the *Acute* signal and move the transducer about two feet away from the injured tissue and let the signal penetrate from a distance.
- 2) Gradually move the unit closer until the patient feels a slight increase in pain.
- 3) Then, sweep from head to toe across the injury site for a minute from a distance of one to two feet away.
- 4) After a period of a few minutes, you will be able to move the transducer closer and closer to the injury site with minimal increase in pain, then switch to the *Balance* signal and continue sweeping.

- 5) Then, focus more on the injury site and continue sweeping.
- 6) Finish by sweeping again from a foot above to a foot below the injury with occasional whole body sweeps. See how close you can get with little or no discomfort.

**NOTE:** The goal should be a level of discomfort that is tolerable to the patient, understanding that a slight degree of increased discomfort is expected (and frequently equated with high efficacy) in the treatment of acute injury.

### *Infratonic 9 Rejuvenizer Sweeping Method*



**FIGURE.** Place the *I9 Rejuvenizer* about 1 to 2 feet from the body at a 45 degree angle, and move it slowly about 1 foot per second. Start at the top of the head and sweep down and out the hands or feet.