

# INFRATONIC 8™

## Guidelines For Signal Selection



# *Distinguishing*

## **the Unique and Powerful Roles of the Three Infrasound Therapy Signals**

### **BODY**

Think of this signal as the “*repairing*” signal. Compared to the Mind signal, this signal provides an increased rate of healing of cellular damage once tissues and nerves are calm.

It is ideal for orthopedic injuries (fractures – tendon and ligament damage – muscle tears and overworked muscles) once the inflammation, redness and pain have been reduced using the calming effects of the Mind signal.

Apply directly to the point of injured tissue and then apply Mind to the surrounding areas.

### **MIND**

The “**Everyone Always Needs It**” Signal.

This signal is the workhorse of *Infratonic* therapy. Think of it as the “*calming*” signal. It is the primary signal, used first in virtually every treatment program as it calms the nerves and cellular tissues, reduces inflammation and swelling, reduces anxiety and eases the mind of worry.

Generally, nervous irritation and cellular traumas are the primary problems causing discomfort and impeding the ability of the body to heal itself. This signal is very effective for calming the irritation and cellular trauma.

It assists in the reduction of heat, inflammation and edema, providing effective pain relief and in normalizing body chemistry.

Treat directly at the point of pain or injury and to the surrounding tissues.

SPIRIT

This signal will not compete with Mind for the “everyone always needs it” title but can provide a sense of mental focus or “**insight**” into the challenges of life that we all deal with. The essence of its value lies in its ability to bring into focus the cognitive issues that are creating or compounding the physical problems. It is very effective when treating the effects on the body of mental conflicts, problems or dilemmas, and often aids in seeing problems from a higher perspective.

We might have called this the “psychosomatic signal”, used when the mental state of the patient either fuels or creates physical symptoms, but the therapeutic value of it’s unique ability to evoke conscious insight into life’s challenges brings this signal into a new perspective. Therefore, we think of this signal in terms of that function, **Insight**.

This signal is also valuable at the end of a treatment to provide an overall body integration, to help the different parts of the body work together in a more synergistic way.

However, the Mind signal remains the best choice to ease worry and stress and to soothe the mind and body for a good night’s sleep.

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The key element provided by the chart below is that CALM is big and bold, indicating that this signal is highly effective in most cases, particularly where the calming of nerves or tissues is called for. When in doubt, use CALM. After a traumatic accident or injury, calming the cells is extremely important and, since chronic cellular trauma is a major cause of aging, CALM is what is needed for both immediate relief and as a long-term therapy for the body.

Signal Reference Chart

Key Word	Button	Function of Signal
REPAIR	BODY	Accelerates repair of damaged cells once nerves and tissues have been calmed.
CALM	MIND	Calms traumatized tissue, inflammation and edema to normalize body chemistry. Calms nerves, anxiety & worry. The workhorse of Infratonic Therapy.
INSIGHT	SPIRIT	Evokes conscious insight into life’s challenges. Providing an overall body balance and integration at the end of a treatment.



# Infratonic Therapy

The Infratonic 8 and Infrasound 8 have brought a new dimension to *Infratonic* therapy. Not only does the Linear Pulse Modulation transducer deliver the digital signals with unprecedented clarity, but also the two new signals offer specialized treatment for repair of damaged tissue and evoking insight into mind/body issues.

In the past several years, as the Infratonic 8 and Infrasound 8 were distributed to professional offices and clinics across the country, we began to receive feedback from these users. While there was universal acceptance for the benefits to be derived from these multiple signal units, it was agreed that more information in the hands of the practitioner regarding signal selection would be valuable in formulating treatment protocols, instructing back office staff in usage and in discussing with patients the uses and benefits of *Infratonic* therapy.

We hope that this booklet will give you a new perspective on how the unique signals of the Infratonic 8 can be used.

If you have any questions regarding the use of *Infratonic* therapy, please give us a call.



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