









## WELCOME TO THE CHI INSTITUTE TRIBE!

Thank you for your purchase of the Infratonic 9<sup>®</sup>

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The Infratonic 9 dispenses safe ultra low sound wave frequencies that penetrate the deepest layers of the body's tissue to dissolve cellular trauma and speed up the natural healing process.

### **BENEFITS:**

- Promotes calm and clarity
- Decreases recovery time from inflammation & post surgery
- Increases hyaluronic acid production
- Enhances sleep quality and relaxation
- Provides relief from chronic pain & stress
- Heightens athletic performance



### **BASIC OPERATION**

**1. CHARGING** When you need to charge the Infratonic 9 (I-9), and whenever the red LED (1) blinks (indicating the battery is low)

2. Plug the charger into any socket (100-240V) and into the I-9 at point (2) for 1.5 hours for a full charge, which will provide up to 45 hours of operation. The orange LED will turn to yellow then green when fully charged

**3. ON/OFF** Hold down the middle button for 1 second to switch the I-9 ON or OFF

**4. TIMER** To select the desired timer function, push the Left button repeatedly until you find the desired setting:

All Lights OFF = Continuous operation Alarm Light ON = Beep will sound at the end of the 10 or 20 minute cycle.

If set for a 10 or 20 minute cycle with the Alarm Light OFF, the unit will shut off at the end of the cycle without an alert sound.

# **BASIC OPERATION (CONT'D)**

**5. SIGNALS** To select between the three signals, press the Right button until the desired light illuminates.

### **BASIC TREATMENT GUIDELINES**

Simply apply the I-9 to the area of discomfort for as long as you like. It is a completely safe device. You cannot use it for too long or too much.

For deep relaxation and tranquil sleep, apply the I-9 to the thymus (over upper sternum). It can be applied directly to the skin, through clothing, or from a distance.

The deep penetrating waves will also work through blankets, pillows, and plaster casts.

The Infratonic can be used directly over metal pins and staples without risk of heating. If the signal feels too strong, just move the Infratonic a few inches to several feet away from your body until you feel a gentle stimulating effect.

### **SUGGESTED PROTOCOL**

One standard recommended protocol would be to do the following:

**1.** Select the balance signal, set the timer for 10 to 20 minutes, and hold over the affected area.

**2.** For traumatic injury, change the signal to acute and apply to the area for 3 to 10 minutes.

**3.** Finish with the balance setting for 10-20 minutes.

### KEEP IN MIND THERE IS NO WRONG WAY TO USE THE INFRATONIC 9

Check our blog and testimonials page for further information at:



### **SWEEPING PROTOCOL**

A sweeping protocol is beneficial where energy is congested and where there is substantial increased pain on application of the Infratonic. Sweep from head to toe across the injury site for a minute from a foot or two away, then move the Infratonic closer, focusing more on the injury site. Finish by sweeping again from a foot above to a foot below the injury with occasional whole body sweeps. See how close you can get with little or no discomfort.

The speed of sweeping is fairly slow, about 1 foot per second, or 5 to 6 seconds per whole body sweep.

Sweeping is most effective when the Infratonic is aimed toward the body and tilted toward the direction of sweeping. Move it as if you were sweeping out any illness or stagnant energy, starting at the top of the head, and sweeping down and out the hands or feet.

Immediately after injury, start by dissipating cellular shock. Two or three minutes of sweeping soon after the occurrence of injury will dissipate a great deal of cellular trauma throughout the body, improving the user's state of mind and mobilizing the body's healing resources.

# **SWEEPING CHART**

**45°** 

# SIGNAL DESCRIPTION BALANCE

The mainstay of the signals brings mental clarity, integration, and centering, and accelerates physical recovery. This is the best signal to use when starting or finishing a treatment for physical injuries. This will assist with accelerated recovery and stress reduction.

### ACUTE

This is the most powerful Infratonic signal and works where trauma has penetrated the physical cells.

### **DEEP CALM**

This is the most deeply relaxing signal that relieves stress, tension and anxiety. Place on chest over thymus.

### **TREATMENT PRECAUTIONS**

- Do not use directly on the leg calf if blood clots are suspected.
- Keep the I-9 at least 6 inches away from implanted electronic devices including pacemakers.

## FREQUENTLY ASKED QUESTIONS

### Can I use the Infratonic 9 too much?

No, you can use the unit for as long as you like without any adverse affects.

# Does the unit have to be touching my body to be affective?

No, the unit can be effective up to 20 feet away.

# How does Infratonic Therapy alleviate pain?

Infratonic Therapy alleviates pain by reducing cellular trauma. Specifically, the therapy works by calming inflamed cells so they devote their energy and resources to healing rather than producing painful and often disruptive inflammation.

#### What if I don't see immediate results?

Infratonic Therapy provides effective relief for most users. Some experience instant relief, yet others notice results over a longer period of time- especially if their illness or injury has been cumulative or they have been dealing with chronic pain.

# SPECIFICATIONS

Treatment	Infratonic Massager
Frequency	8-800 Hz
Battery Life	Battery lasts 3 years or 300 charging cycles. 3.6V, 700mAh, NiCd Rechargeable Battery
Charger	100-240V, 50/60 Hz, 9V
Charging	1.5 hours for full charge, automatically shuts off when charged. For maximum battery life charge only when red light appears.

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