

SoniCalm 3 TM

USER'S MANUAL



Pain Management Infrasound



What is the Sonicalm 3?

The Sonicalm 3 is an FDA 510(K) listed therapeutic massager that emits low frequency vibrational soundwaves that dissolve cellular trauma. It is a groundbreaking advance in sound therapy with multifunctional applications on chronic and acute pain.

Getting Started

1. Begin by plugging the end of the transducer cord into the round output jack on the front of the control module and then plug the AC power cord into a wall socket.
2. Select the penetration level (Calm, Medium, or Deep) which feels the most comfortable for treating you pain.
3. Choose the treatment length, 10 minutes, 20 minutes, or continuous by pressing the appropriate button next to the red, On/Off button on the front of the machine.
4. A gentle alarm can be used to notify you when the treatment is complete. Simply press the alarm button in after you have selected the length of treatment time.

You are now ready to experience the healing energy of the SoniCalm 3:

5. To start, press the red On/Off button on the front of the machine.
6. After the treatment is completed, depress the red button once more to turn the machine off.

Select Length of Treatment

1. Choose 10min, 20min or continuous. Ten minutes is good. 20 minutes is better, and usually adequate for most pain.
2. Once a day is good, though twice a day is better. You can use it as long as you like.

Method of Treatment

Simply put it where it hurts. The transducer can be applied directly on the skin. The deep penetrating waves will also work thorough blankets, pillows, and plaster casts.

Selecting the Penetration Level:

1. Simply select the penetration level that feels comfortable to you.
2. Start with the MEDIUM signal. If you feel it is not reaching your pain move to the DEEP signal.
3. If the MEDIUM signal feels too strong, move to the CALM signal.
4. If the signal still feels too strong, simply move the transducer 6 inches to several feet away from your body until you feel just a gentle effect. Research indicates that it still provides gentle relief even 10 feet away.

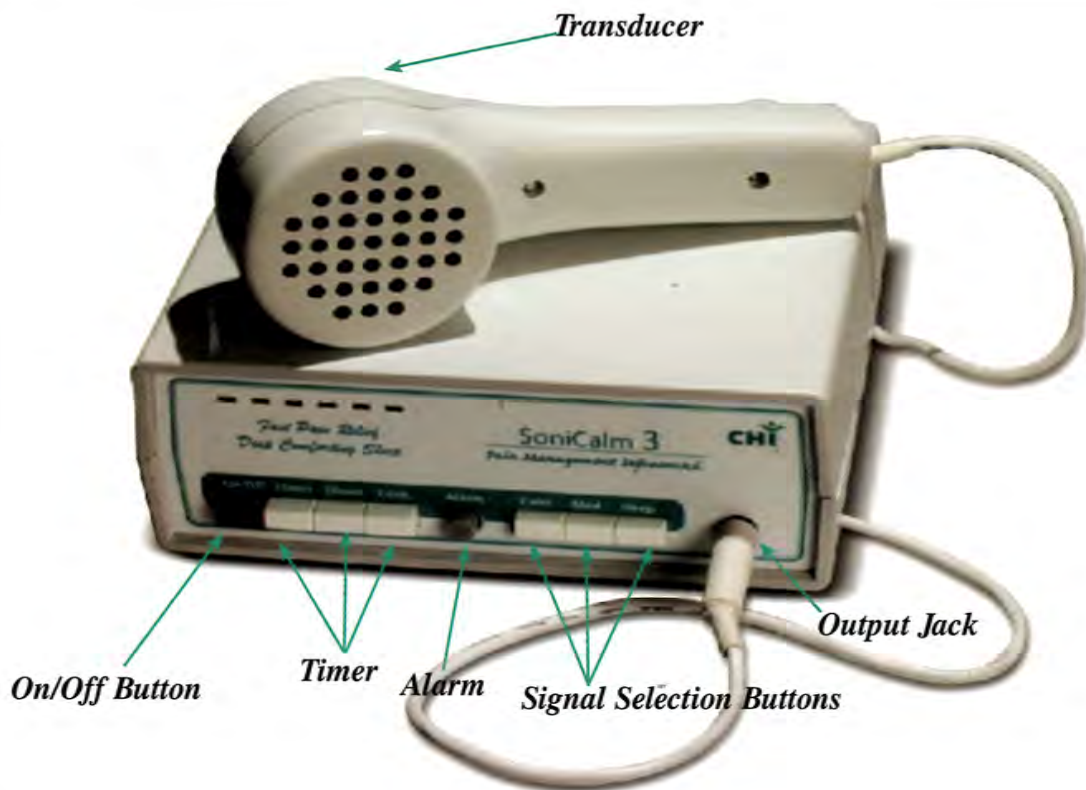
Contraindications:

1. Not to be used directly against extremely inflamed or infected skin.
2. Not to be used directly on the calf of the leg if blood clots are suspected.
3. Keep the Transducer at least 6 inches away from implanted devices like pacemakers and defibrillators.

Precautions:

Since the effect of the SoniCalm 3 on the developing fetus has not been studied, we do not recommend applying it directly over the developing fetus. Consult your doctor regarding this and any serious health conditions.

SoniCalm 3: CONTROLS



Minimizing Pain

Because the SoniCalm 3 facilitates nerves and increases blood flow bringing heightened awareness to the local area, increased pain is occasionally experienced during the first treatment. This is a positive sign that the area is waking up and the brain is taking a more active role in the recovery process.

Each of the three signals interacts somewhat differently with pain, so if one signal appears to increase pain, try another.

Increased pain occurs most often soon after an acute injury or surgery, when a high level of cellular trauma remains and must be dissipated for healing. In this case, move the transducer a foot or more away from the body and treat from there, gradually moving it closer as the increased pain decreases, or treat a distal point like palms or feet.

For chronic pain, particularly back pain with a history of surgeries or heavy pain killers, start slowly. Apply the SoniCalm 3 for just 2-3 minutes the first day. Increase treatment time gradually. The increased circulation can be of profound benefit.

The NEW CHI Technology

CHI Institute has been investigating the nature of human vitality for more than a decade. In the process, we have learned how pain is stored in the body, and how it can be released comfortably. Our first analog infrasound device was introduced in 1988.

Chaos Therapy™

In 1997 we introduced Chaos Therapy with the still-popular Infratonic 4.3 with patented technology that greatly increased effectiveness. It delivers a highly unpredictable signal within precise frequency ranges that ripples through the body, inducing specific bands of frequency into the intracellular matrix. This normalizes the cells' abnormal reactions like inflammation and effusion by damping out traumatic intracellular programming that is left over from traumatic shocks to the system. The Infratonic 4.3 signal is similar to the CALM signal of the SoniCalm3.

In 2001, more patented innovations were introduced with the Infratonic 8 for creating effective signals, specifically for conditions of stalled healing and conditions with mind/body factors.

Linear Pulse Modulation™

The SoniCalm 3 inherits Linear Pulse Modulation from the Infratonic 8, a design providing linear sound without production of higher frequency shock waves that improved effectiveness and reliability over earlier models. Greater displacement and lower impact provide deeper penetration, faster frequency entrainment, far more accurate signal reproduction, and a more gentle feel.

Frequency Synthesis™

The SoniCalm also incorporates another Infratonic 8 innovation, Frequency Synthesis, wherein therapeutic signals from multiple frequency bands are combined seamlessly to achieve synergistic health benefits.

The new SoniCalm 3, introduced in 2006, is focused specifically on Pain Management. This is

quite different from the Infratonic 4.3 which targets vitality and the Infratonic 8, which has three distinct signals that target accelerated recovery, reduced cellular trauma, and evoking insight. With the single focus of Pain, the SoniCalm 3 is much simpler to use than the Infratonic 8, and more effective.

NanoSynthesis™

The Key innovation that makes the SoniCalm 3 more effective than its predecessors is our new Patent Pending NanoSynthesis Technology, a system that actually generates a highly variable therapeutic signal point-by-point. The old analog system used 15 years ago produced an oscillating signal that was mostly repetitive and spread, uncontrolled over a broad bandwidth. The Chaos Therapy technology uses a random number generator and digital filtration technology which allows for a highly unpredictable signal with precise control of bandwidth.

NanoSynthesis, building the signal one point at a time, allows not only high randomness, and very precise bandwidth control, but also precise and unpredictable dwell time separating jumps between frequencies. Further, it allows insertion of special signatures inserted on-the-fly, without distorting the phase angle of the signal. This means greater entrainment and deeper penetration.

As an example, upward Theta range chirps (short bursts of rising frequency) are inserted into the DEEP signal of the new SoniCalm 3 to lift Theta range pain signals out of their repeating patterns and into the Alpha range and provide unprecedented pain relief effectiveness.

The SoniCalm 3 signals are substantially more penetrating, so relieve pain in less time. You will find that you can move it from point to point more quickly and that muscles will soften more deeply. If discomfort is felt, stop for a while, move the transducer further away, or change to another signal. While discomfort is a sign that the NanoSynthesis signal is engaging cellular trauma, the goal is comfortable, gradual release, so take your time and enjoy the ride.

Benefits of the SoniCalm 3

The SoniCalm 3 is a patented, highly versatile, therapy device providing deep relaxation and profound pain relief, penetrating and calming the source of pain like nothing else.

Reduce Pain: The SoniCalm 3 provides pain relief which often reduces the requirement for pain medication. It is highly effective on the pain of acute injuries and swelling, pain associated with fatigue, and chronic pain. The SoniCalm 3 is often effective where all else has failed. Unlike other modalities which become less effective as the body gets used to them, the effectiveness of the SoniCalm 3 increases with time as healing progresses.

Relax Muscles: The gentle, penetrating massage action of the SoniCalm 3 loosens and relaxes armored muscles. It also helps the muscles to stay relaxed in their proper position to minimize pinched nerves and restricted circulation. This decreases the likelihood that residual muscle tension will pull bones and vertebrae back into their old, painful positions, increasing the long-term value of your treatment. Try the MEDIUM signal first.

Relieve Nerve Impingement: Chronic muscle tension can cause vertebrae to impinge on motor and sensory nerves which can, in turn, cause muscular tension. This perpetuates the cycle of nerve impingement and may lead to degeneration. The SoniCalm 3 can relieve this muscular tension while facilitating nerve function, thereby breaking the cycle and providing long term relief.

Facilitate Deep Massage: Tense, armored muscles often prevent the therapist's fingers from penetrating deeply into the body. As muscle groups relax with the SoniCalm 3, the therapist can reach deeper problem areas in the body.

Enhance Local Circulation: Capillaries dilate to increase the flow of fresh blood to the area of injury. The lymph system functions more efficiently, transporting away excess fluids. Swelling that often occurs with acute injuries and surgery disappears more quickly.

Accelerated Recovery: Many benefits of the SoniCalm 3 contribute to faster healing:

Increased circulation provides a better blood supply and more nutrients provided to the local area of pain or injury.

Nerve facilitation increases communication between the local area and the brain for greater awareness of the healing needs of the local area.

Reduced pain increases healing by reducing the emotional load on the body, leaving more vital resources for healing.

Deep relaxing sleep can make a huge difference in recovery because nothing interferes more with recovery than being agitated and unable to sleep.

Reduced cellular trauma is the principal way that recovery is accelerated. When cells become traumatized, they start doing the wrong things, like devoting their vital resources to inflammation, edema, and other counterproductive biochemical activities. As the abnormal programming is removed, cells engage in healing activity. (see Research on pages 8 and 9)

Penetrate Deep into Old Injuries: Patented signals reach DEEP into the body in the frequency range where old sources of pain are stored, lifting out the old frequency patterns and replacing them with cooperative patterns of accelerated recovery.

Reduce Dizziness: Those who may feel sleepy or dizzy immediately after a therapy treatment will often feel more active and clear thinking with the SoniCalm 3.

Improve Sleeping: After a SoniCalm 3 treatment, many report a good sound sleep as subconscious factors and mental worries are reduced. Some fall asleep during their first treatment.

Increase Energy Level: As pain is relieved, local circulation is enhanced and muscles are relaxed energy level often increases. Many users report an emotional release, an increase in energy level, and a sense of well being.

General Applications:

The SoniCalm 3 is effective to relieve many kinds of pain and easy to use. Just put it where it hurts. Apply the SoniCalm to the area of pain for 10 to 20 minutes as required.

Muscle Tension is a common source of pain, which is compounded as tight muscles compress joints which impinge nerves. By promoting local circulation to eliminate waste products and reducing cellular trauma, the SoniCalm 3 provides fast, effective relief from muscular tension and pain on any penetration level selected. Start with the MEDIUM signal for muscle tension.

Joint Pain such as arthritis is often relieved with the use of the SoniCalm. Hold the transducer for 10 to 20 minutes on each area that hurts. Refer to the research on pages 8 and 9 for the effect of the CALM signal on joint inflammation.

Deep Relaxation is highly effective at improving health and accelerating recovery throughout the body. The low frequency sound waves produced by the SoniCalm 3 stimulate the brainstem and synchronize Alpha functioning throughout the brain when applied to the chest or upper back, or, in fact, anywhere on the body. Start with the CALM signal. The SoniCalm 3 is a great help to those who have trouble relaxing. Start with the person lying down and place the transducer on the upper back or chest for 10 to 20 minutes. Use it on local points of discomfort. Use over center of chest, and on bottoms of feet.

Nerve Impingement can contribute to vertebral pain and muscle spasm. By promoting local circulation, relaxing muscles, and facilitating nerve communication, the SoniCalm 3 can help to relieve

nerve impingement. In some cases, vertebrae can impinge on a motor nerve and put a muscle into spasm. The muscle then pulls harder on the vertebrae, increasing the impingement. Use the SoniCalm 3 to send the gentle vibratory sound waves directly to the tight muscle or group of muscles, bringing deep muscle relaxation.

Adjustments performed in conjunction with the use of the SoniCalm 3 can help to reduce the recurrence of nerve impingement after treatment due to

muscle relaxation and motor nerve facilitation. Using one of SoniCalm 3's healing signals, particularly the MEDIUM signal, will facilitate the adjustment by calming the patient, then have the patient lie on their stomach and place the transducer at the point of their discomfort or tension for 10 to 30 minutes. Many chiropractors and acupuncturists will follow their treatment with additional use of the

SoniCalm 3, to enhance the longevity and effectiveness of the treatment.

Nerve Pain and Numbness Poor circulation often contributes to a combination of numbness and nerve pain. The SoniCalm 3 is highly effective at encouraging circulation that promotes healing. Be aware that, as circulation and nerve functioning increase, there can be an initial increase in itching, tingling, and nerve pain that decreases as the tissue calms and the brain gets used to the stronger nerve signals. It is important with nerve pain to start gently with short duration treatments and incrementally increase the treatment time. Start with MEDIUM.

How does the SoniCalm 3 work?

Body tissues communicate using vibrational signals. When cells are shocked or traumatized, they often respond with abnormal behavior like inflammation, edema, pain, or impeded healing. The SoniCalm produces millions of unpredictable wavelets which penetrate deep into the body, breaking up the abnormal cellular behavior to relieve pain, reduce inflammation and edema, and accelerate healing.

All three settings relieve pain. Calm is usually more gentle and best for calming. MEDIUM is often best for relaxing muscle tightness, and DEEP is most penetrating and best for pain that CALM and MEDIUM don't reach.

Whiplash: For a fresh whiplash, initially use MEDIUM on the neck, shoulders, and upper back, wherever there is pain or tension. Treat several times a day for at least 20 minutes. Also treat center of chest for deep relaxation. This will calm the affected area, alleviate soreness and stiffness and, as the muscles relax, reduce vertebral compression and nerve impingement. Continued treatment for 20 minutes several times a day will greatly help to keep soreness and stiffness from setting in. For chronic pain associated with whiplash apply the transducer to areas of pain or tension until they soften and pain is relieved and muscles relax.

Broken Bone: Apply the SoniCalm 3 gently to the affected area several times a day for 10 to 20 minutes to ease the ache and pain and decrease cellular trauma. It can be applied through clothing or a plaster cast, and can be effective if applied from several inches away. For old, non-union or slow-to-heal fractures, apply the CALM signal over the fracture 20 minutes twice per day to reduce pain and residual cellular trauma to allow accelerated recovery.

Internal Pain The penetrating action allows the low frequency massage waves to travel deep into the body, helping to relieve a wide variety of minor aches and pains. It is important to note that pain can be a sign of possible serious internal problems. Should pain persist, a specialist should be consulted to identify the cause.

TMJ: Apply directly to painful, tight muscles of the jaw and to areas of tightness in the neck and shoulder. If there are areas of tightness in the shoulder or arm, treat them too.

Adjunct: Although the SoniCalm 3 is a stand-alone modality, it will enhance any other treatment including hot or cold packs, manipulation, and medications. Pain killing medications often work by interfering with nerve communication to the brain, often at the expense of impaired awareness and slowed recovery. The SoniCalm 3 enhances awareness and enables our bodies to heal naturally.

Irritable Bowel Syndrome: Apply the transducer to the area below the naval and above the pelvic bone or area of discomfort for 20 minutes twice a day. SoniCalm therapy has provided very good results with relieving the discomfort of Irritable Bowel Syndrome. Start with MEDIUM.

Menstrual Pain: Apply the SoniCalm 3 to the lower abdomen for 20 minutes or until the discomfort is relieved. Try all three signals and stick with the one that works the best. Start with MEDIUM.

Carpal Tunnel: Apply to the area of pain plus any areas of pain and tension in the neck, shoulders and elbow.

Back Pain: Apply the SoniCalm 3 to the abdomen or chest directly over the back pain to be treated. 20 minutes twice per day is good, but start slowly if this pain has been chronic for years. See page 3.

Ear Aches: Apply directly over the ear.

Arthritis: Apply to areas of pain and treat center of chest for reduced stress.

Sciatica: Apply to both sides of lower lumbar spine or to abdomen over that area to relax tight lumbar muscles and reduce nerve inflammation and compression.

Tennis Elbow: Treat area of pain and any areas of tension in the wrist, arm, shoulder, and neck.

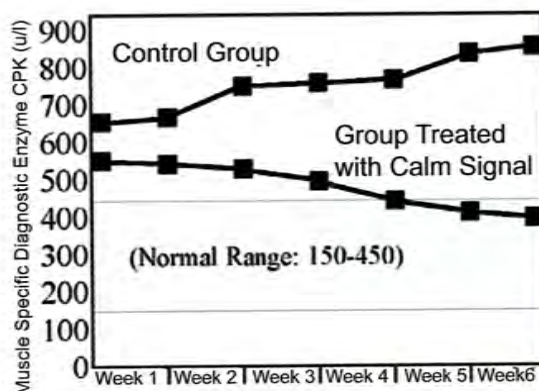
Pain after Surgery: The SoniCalm 3 is excellent to calm the patient and calm local traumatized tissues after surgery for pain relief and accelerated recovery. Because there is often lots of cellular trauma immediately after surgery, start with the SoniCalm 3 a foot or more away from the body and see if there is any increased pain. If so, move it further away to provide a slight increased stimulation. This will dissolve the cellular trauma gradually.

Headaches: Apply to area of pain. Also apply to neck and shoulders. Often effective if placed a foot or so above the head. Lay down and position it on a pillow facing the head for 30 to 60 minutes. Bottoms of feet and chest can also be effective.

Controlled Research

While the fast, long lasting pain relief of the SoniCalm 3 speaks for itself, many people ask whether there is any controlled research that documents the effectiveness of the SoniCalm 3. Most agree that animal studies provide the most dependable research because people, even with the same sort of pain, vary so much in diet, lifestyle, and genetic makeup and condition.

The controlled studies reported here were conducted with genetically similar Standardbred horses being fed the same diet and undergoing the same training programs (daily training and weekly racing) to see what effects this therapy has. One of the studies tested healing of muscle damage by monitoring enzyme levels in the blood. CPK and AST are two muscle enzymes that are elevated in tissue that has been injured or subjected to trauma. Ten horses were treated with the CALM signal and ten served as the control group, receiving no treatment:



The above graph shows that the ten treated horses improved to normal during the study while the control group worsened.

RESULTS: In addition to reduced muscle enzymes indicating healing, and reduced swelling after workouts, the treated horses ran an average of 6 lengths faster after six weeks of treatment.

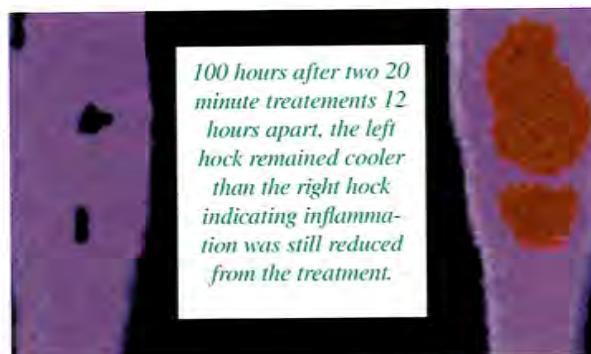
Result: Decreased Inflammation

Standardbred horses offered an excellent opportunity to study inflammation in a controlled environment. They were on a regular workout schedule training for races, and all developed inflammation (heat and swelling) in the hocks (ankles) from all the pounding. Inflammation from repeated pounding is an excellent example of how mechanical shock can induce cellular trauma, abnormal response, and pain.

On ten horses, one hock was treated while the other served as a control. After thirty minutes, the treated hocks dropped more than 3°C. The photo below shows a typical result, with the treated hock on the left, and the red shows abnormal inflammation:



After two twenty-minute treatments, 12 hours apart, even after 100 hours, the treated hocks (below-left) remained substantially cooler than the control hocks. This is a dramatic demonstration of the effectiveness of the Sonicalm to reduce joint inflammation.



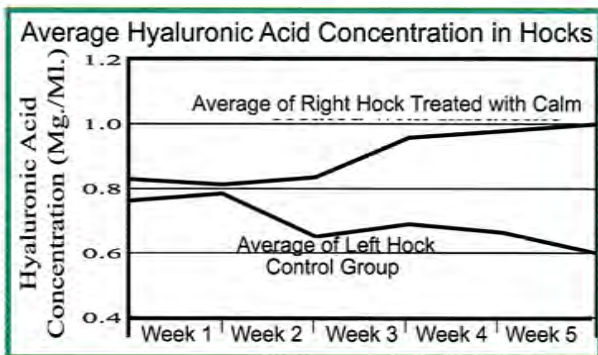
Result: Reduced Cellular Trauma

The first effect is that constant pounding, or any kind of abuse, whether mechanical, electrical, chemical, or even emotional, can cause cellular trauma. Healing then stalls, and cells start producing inflammatory chemicals (which cause pain) or other abnormal activity, further interfering with the healing process and increasing the pain. In this case instead of producing Hyaluronic Acid (HA - the main ingredient of the synovial fluid that lubricates the joints), the traumatized synovial lining in the joints produces inflammatory chemicals which break down the HA, resulting in "dry hocks", or joints that are poorly lubricated.

Injections of HA into the hocks of horses has been common therapy for sore and inflamed joints in horses for decades, and, in recent years, doctors have started injecting it into people's joints for pain relief. They use either animal derived HA or synthetic substitutes for arthritis and degenerative joint conditions, for several hundred dollars per injection.

Result: Increased HA Production

Controlled studies, again with standardbred horses, showed that this is true. Again ten horses were treated with the Calm signal on one hock, with the other hock serving as a control.



The above graph shows that, while the HA concentration continued to decline in the untreated hocks, it increased steadily in the treated hocks. In addition, the quality and quantity of the synovial fluid improved significantly.

Result: Enhanced Performance

While it is impressive that horses in the muscle healing study to the left on page 8 showed increased training speeds by six lengths, it is important to know whether there were actual performance improvements in races:

Horses across the country have been making stunning recoveries from injury and winning races. In fact three of the last seven winners of the Kentucky Derby have been regular users, including Monarchos, shown below:



Calm signal daily before the race.

Whether for fast, long lasting pain relief, accelerated recovery or enhanced performance, the technology behind the SoniCalm is proven not only by this controlled research but more importantly, by thousands of users who achieve remarkable pain relief every day from their chronic and acute pains. This includes sports professionals who have made comebacks from potentially career-ending injuries, to suburban warriors who mowed too much lawn or vacuumed three flights of stairs without limbering up first.

The SoniCalm 3 is ready to help relieve pain and accelerate recovery for top performance.

Frequently Asked Questions

How does the SoniCalm 3 relieve pain?

The SoniCalm 3 relieves pain by reducing cellular trauma. As this cellular trauma is reduced the cells stop sending pain signals and no longer release inflammatory enzymes. This eliminates pain and inflammation.

How does the SoniCalm 3 reduce cellular trauma?

The SoniCalm 3 produces a highly unpredictable signal in the range of the brain's EEG activity, the frequency range in which the body's cells communicate with each other. This unpredictable signal easily penetrates the vibrational defences of the tissue and breaks up abnormal cellular communication that calls to produce inflammation, edema, chronic pain and other abnormal cellular responses. This signal also induces cellular activity in the range of the brain's "Alpha Rhythm", which induces calm, clarity, and cooperation among the treated cells. It also decreases the sense of anxiety, which relaxes the person as a whole.

How does the SoniCalm 3 accelerate recovery?

The SoniCalm's patented signals accelerate recovery by increasing smooth communication between cells and calming cells to reduce unnecessary metabolic activity, increasing available healing resources. One of the many beneficial biochemicals which may be increased with SoniCalm 3 therapy is Hyaluronic Acid.

What is Hyaluronic Acid?

Hyaluronic Acid is a viscous oil that lubricates joints, accelerates wound healing, strengthens muscles, reduces scar tissue formation, creates hard and soft structures within the myofascial tissues and by selectively bonding to ionic compounds, creates electrically conducting and electrically insulation tissues within the body. Increased Hyaluronic acid product appears to be a principal way in which the SoniCalm 3 relieves pain and accelerates recovery.

Does the FDA approve of the SoniCalm 3?

The SoniCalm 3 Therapeutic Massager is 510(K) listed with the FDA as safe and effective for pain relief, promoting local circulation and muscle relaxation. It is "FDA Listed" rather than "FDA Approved".

Are there any dangers to using the SoniCalm 3?

The SoniCalm 3 applies sound waves to improve local microcirculation, similar to ultrasound treatment. But while ultrasound uses high frequency sound which can cause deep tissue burns, the SoniCalm 3 uses low frequency, so there is no chance of excess heat build-up, no problem with metal plates, pins or staples, and no need for an attendant. The SoniCalm 3 is completely safe to use as long as you would like. The only contraindications are that it should not be used within six inches of a pacemaker, and should not be used on the calves where blood clots are suspected.

How do I treat chronic pain?

Chronic pain stems from a wide variety of causes and is unpredictable. While many people have reported remarkable reduction in pain and progressive improvement, everybody is different so results will vary. In most cases, chronic pain can be treated effectively by placing the SoniCalm 3 over the affected area. While some relief can be felt in the first few minutes, it is most effective if applied for 20 minutes twice per day, or more if desired.

Can the SoniCalm 3 help me to relax and sleep?

Because the SoniCalm 3 breaks up cellular trauma, it is extremely useful for calm, deep sleep. Apply to the center of the chest and relax for 20 minutes to feel relaxed and get a sound night's sleep.

Can I use the SoniCalm 3 to treat cancer?

No. The SoniCalm 3 is not intended to treat cancer. But it is good for relieving all sorts of discomfort including those from the side effects associated with cancer treatment and/or chemotherapy. It can also stimulate mood improvement in the patient.

Many people who suffer from cancer or chronic pain find that the SoniCalm 3 improves their quality of life.

Can the SoniCalm 3 be used with other healing modalities?

The SoniCalm 3 is very effective before and after surgery and in tandem with drug and herbal treatment. The sound waves promote relaxation and circulation, and release cellular trauma, stimulating your body to heal itself. Since there are no ingested products there is no additional work required to eliminate any drugs from the liver or kidneys. This gives the body more energy to focus on healing the affected area.

Is it okay to use the SoniCalm 3 along with my conventional medical treatment?

Yes, the SoniCalm 3 may be used with conventional treatment. It is 510(K) listed with the FDA as safe and effective. Since its therapeutic objective, reducing cellular trauma, is different from virtually every other therapeutic method, it adds to the effectiveness of most any treatment plan.

Is it okay to use on pregnant women?

The SoniCalm 3 is excellent applied to the center of the chest for relieving anxiety which may be associated with pregnancy. It is also helpful for treating side effects of carrying a child such as constipation, sore joints and/or muscles. Many have reported that applying it to bottoms of the feet or palms of the hands really helps for first-trimester nausea. It can also be helpful to alleviate or calm mood inconsistencies. However, since the effect of the SoniCalm 3 on the developing fetus has not been studied, we do not recommend applying the SoniCalm 3 directly over the developing fetus.

My patient got more pain when I tried the SoniCalm. What's going on?

Sometimes, when patients have a chronic condition, the brain has lowered the rate of communication to the affected area. This is the body's way of alleviating some of the pain. By cutting down on the amount of communication with the troubled

area, the brain can eliminate some of the pain. The SoniCalm 3 will reestablish the lost communication with the affected area, which initially can increase the pain. This is a sign that the treatment is working. Continued use of the SoniCalm 3 will reduce the pain, discomfort and swelling. Where people have reported an initial increase in pain, they almost universally report a highly significant improvement in their condition later on.

How do I communicate with my doctor?

Many SoniCalm users, after achieving remarkable recoveries that amaze their doctors have found that their doctors are simply not interested in the Sonicalm technology. They will say, "Well, if it works, go ahead and use it." or "If you believe it works, it might help." What they are saying is that this technology has not been proven to them.

Doctors must uphold "standard medical practice" which means, "stick with what is proven." This makes a lot of sense, and, not surprisingly, is what was responsible for Penicillin being on the market for 40 years before mainstream doctors started using it. Recognize that your doctor is doing his job when he shows hesitation to new therapies.

What information can I give my doctor?

Many doctors are very open minded, so if your doctor is interested, he/she needs to know three things:

- 1) *The Sonicalm 3 worked for you. (minor)*
- 2) *The research on pages 8 and 9 shows that it works and provides insight into how it works.*
- 3) *The only Medline study (at the time of publication of this manual) is "Possible Influence of Infra-sound on Glioma Cell Response to Chemotherapy: A Pilot Study" Journal of Alternative and Complementary Medicine Apr 2004, Vol 10, No. 2:247-250. Author: Garrett Yount, California Pacific Medical Center Research Institute, SF, CA*

By Penicillin standards we have 20 more years before SoniCalm therapy and its mechanism, dissolving cellular trauma, are embraced by mainstream medicine, so be patient.

WARRANTY:

The **SoniCalm 3** is warranted against defects in materials and workmanship for a period of **3 years from date of purchase**. Should you encounter any difficulties with your **SoniCalm 3**, call **CHI INSTITUTE** at the number below for instructions.

Your **SoniCalm 3** will be repaired
(or replaced at the option of CHI)
and returned to you promptly.

US Patents 6,461,316, 6,770,042, and patent pending

Model Specifications:

117 volts, 15 Watts
70 dB Chaotic Sound
Very Low Frequency In
The Range Of 2-25 Hz.
8" x 7" x 5" High
4.3 Lbs./1.9 kg



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